

## EMPOWERING PATIENTS

PROMETHEUS (PROject for a Medically Educated, Transformed, HHealthy, and United Society) is a EU-funded Interreg 5a project whose primary goal is to educate, activate, and empower patients.

In greek mythology Prometheus was the wisest of all titans. He stole fire from the gods and gave it to man. With it came knowledge, understanding, and enlightenment. Just like the titan, the PROMETHEUS project is to bring knowledge and enlightenment. This time expert medical knowledge will be brought to ordinary people, helping them understand and take on an active part in their own health, helping them become Empowered Patients.

[prometheus.care](http://prometheus.care)

PROMETHEUS  
kick-off conference

10 Dec 2015



Interreg  
Deutschland • Danmark



EUROPEAN UNION



### 9:30 Breakfast

10:00 Welcome  
Klaus-Peter Jünemann

10:20 Prometheus  
introducing the prometheus project  
Jette Ammentorp, Felix Prell

10:40 Patient Power  
state of the art in patient em-  
powerment research  
Felix Prell

13:30 Social Design  
social design as a research practice in healthcare  
(overall framing) - Peter Gall Krogh, Thomas Markussen

13:50 Patient Probing  
identifying patient needs through probing  
Eva Knutz, Signe Marbjerg

14:10 Track me!  
improving cancer treatment through  
health communication and self-  
tracking - Jette Ammentorp

11:00 Doctor's Angle  
an MD's perspective on the changing  
patient - Klaus-Peter Jünemann

11:20 Help Me Decide  
patient decision aids in shared  
decision making- Andrea Corradini

11:40 Comm Curriculum  
training a new generation  
of doctors in the art  
of communication  
Gudrun Karsten

12:00 Welfare Tech  
a danish innovation cluster  
and its role in the project  
Karen Lindegaard

### 12:20 Lunch

13:00 Theatre Method  
theatre as a method for participatory innovation in healthcare  
Merja Ryöppy, Preben Friis

### 14:30 Coffee

15:00 Reality Check  
what we can learn from interviewing patients  
and family members - Ninett Fischer-Jensen

15:30 Discussion  
what is patient empowerment?  
why is empowerment important?  
who makes the final decision?  
what is expected of relatives?  
how can pros learn from patients?

16:00 It's a Wrap  
thank you all for coming  
Klaus-Peter Jünemann, Felix Prell

Schöne Aussichten  
Düsternbrooker Weg 16  
24105 Kiel, Germany

10 Dec 2015  
10 am - 4 pm

If you'd like to attend, please send a short mail to  
felix.prell@uksh.de